



7. When a bout ends with the equal scores the \_\_\_\_\_
- a) casting vote  
b) **Encho-sen**  
c) Consul with the match control area controller.
8. A contestant delivers a scoring technique for which the referee calls "Yame" but immediately thereafter makes contact to his opponent's face. The contestant should \_\_\_\_\_
- a) **Receive the score and a Category I warning**  
b) Receive mubobi  
c) Receive Hansoku  
d) Receive category I warning or penalty.
9. Which of the following is not a Category I offence \_\_\_\_\_
- a) Techniques which make excessive contact  
b) Attacks to the arms or legs  
c) **Grappling and attempting to throw**  
d) Attacks to the face with open hand techniques
10. Attack to the arms or legs, groin joints or instep can be given \_\_\_\_\_
- a) **Chukoku**  
b) Keikoku  
c) Hansoku-chui  
d) Hansoku
11. Keikoku is normally imposed where the contestant potential for winning is \_\_\_\_\_ by the opponent foul
- a) seriously reduced  
b) Not diminished  
c) **Slightly diminished**
12. Chikoku is given where the contestant's potential for winning is \_\_\_\_\_ by the opponent's foul
- a) Slightly improved  
b) Slightly diminished  
c) **Not diminished**  
d) seriously reduced
13. When a contestant is injured the referee shall at once halt the bout and \_\_\_\_\_
- a) Start the ten second clock  
b) Signal for the judges opinion  
c) **Call the doctor**  
d) Go and look at the injury

14. In cadet Kumite all hand techniques to the head, face and neck must have absolute control. If the glove touches the target the referee panel will \_\_\_\_\_
- a) Award an Ippon (providing it is only a "Glove touch")
  - b) Give a category 2 warning
  - c) Not award a score
  - d) **Immediately give a chikoku**
15. When a competitor is injured during a bout in progress and requires medical treatment the referee will allow \_\_\_\_\_ for the treatment.
- a) 3 minutes
  - b) **The doctor will decide**
  - c) As much as time is required
  - d) The match area the controller will decide
16. Any protest concerning other than administrative malfunctions must be submitted in writing to the \_\_\_\_\_
- a) Match area controller
  - b) Organising committee
  - c) **Appeals jury**
  - d) Referee council/committee
17. The Appeal jury is comprised of \_\_\_\_\_
- a) **The referee council**
  - b) The technical committee
  - c) The Medical Committee
  - d) One representative from each of these categories.
18. The referee and judges shall take up their prescribed positions and following an exchange of bows between the contestants. The referee will announce \_\_\_\_\_ and bout will commence
- a) **Tsuzukete Hajime**
  - b) Encho-sen
  - c) Sanbon Shobu Hajime
  - d) Shobu Hajime
19. The throat is a particularly vulnerable area and even the slightest contact will be warned or penalized unless it \_\_\_\_\_
- a) is in a senior competition
  - b) the recipient's own fault
  - c) **without injury**
  - d) was after a leg sweep.

20. Any competitor who receives Hansoku for causing injury and who has the opinion of the Referee Panel and Match Area Controller acted recklessly and danjerously, will be
- a) **Given Shikkaku**
  - b) Severly warned by the Match area controller
  - c) Reported to the Referee Council
  - d) Reported to the Disciplinary Committee
21. When the bout is halted the referee may not give a decision against two judges unless he has the \_\_\_\_\_
- a) Majority
  - b) Casting vote
  - c) Positive support of the arbitrator
  - d) **Positive support of other judges.**
22. What is the meaning of Martial Arts (Karate)?
- a) **Free hand fighting**
  - b) Road fighting
  - c) Open Hand Fighting
23. Who is the founder of Martial Arts?
- a) Bruce Lie
  - b) Jacky Chan
  - c) **Bodh Bhikshu**
24. Who is the founder of Modern karate?
- a) Ken-Ei-Mabuni
  - b) **Gijin Fonokushi**
  - c) Rozer Aggassi
25. In which year was Karate introduced in Indian Olympic?
- a) 1985
  - b) 1999
  - c) **2001 2001**
26. When was Karate recognized by ministry of sports?
- a) 1970
  - b) **1998**
  - c) 2005 1998

27 Who is the President of All India karate Federation?

- a) R. Ganesh
- b) **Karate K. Tayagrajan**
- c) Bharat Sharma

28 What is the name of Indian Karate Federation?

- a) All India Federation of karate
- b) **All India karate Do Federation**
- c) Indian Karate Association

29 What is the full form of W.K.F.?

- a) World kick boxing federation
- b) World Krav Maga federation
- c) **World Karate federation.**

30 What is the full form of W.T.F.?

- a) World Tennis federation
- b) **World Taekwondo federation**
- c) World Table-Soccer federation

31 What is the full form of T.F.I.?

- a) Taipchai Federation of India
- b) Taekwondo Foundation of India
- c) **Taekwondo federation of India**

32 Which is the Delhi's State body in Karate?

- a) **Karate Do Association of Delhi**
- b) Delhi Karate Association
- c) Karate federation of Delhi

33 What is the full form of I.O.C.?

- a) Indian Olympic Council
- b) **International Olympic Committee**
- c) Indian Olympic Committee.

34 What is the full form of I.O.A.?

- a) **Indian Olympic Association**
- b) International Olympic Association
- c) Indian Olympic Federation

35 What is the full form of S.A.I.?

- a) **Sports Authority of India**
- b) Sports Association of India
- c) Sports Academy of India

36 What is the full form of A.I.K.F.?

- a) All India Kick Boxing Foundation
- b) **All India Karate Do Federation**
- c) All India kicking Federation

37 Which is the oldest style of Martial Arts in India?

- a) Judo Karate
- b) **Kallari Pathau**
- c) Taekwondo

38 In which year National Games were held at Guwahati/

- a) 1997
- b) **2007**
- c) 2003

39 In which year the karate introduced in National games/

- a) 1992
- b) 2008
- c) **2007**

40 Who is the National Champion in Karate?

- a) R. Patil
- b) **Paritosh Sharma**
- c) Jai Kumar

41 Translate Front Kick into Japanese language.

- a) Mawashi Geri
- b) **Mai Geri**
- c) Kensutsu Geri
- d) Ushiro Geri

42 Who is the President of taekwondo federation of India?

- a) I.P.S.-Deepak Mishra
- b) **Harish Kumar**
- c) Bharat Sharma

43 Translate Upper block into Japanese language.

- a) **Jodan Uke**
- b) Gidan Uke
- c) Yoko Uke
- d) Shoto Uke

44 What is the name of Chinese martial arts?

- a) Judo
- b) Taekwondo
- c) **Kung-Fu**

45 Who is the Martial Art hero in Hollywood?

- a) The Rock
- b) **Jacky Chan**
- c) Tom Cruise

46 Who is the Martial Art Hero in Bollywood?

- a) Ajay Devgun
- b) **Akshay Kumar**
- c) Sunil Shetty

47 Translate Round House Kick into Japanese language.

- (a) Mai Geri
- b) **Mawashi Geri**
- (c) Yoko Geri
- d) Kensutsu Geri

48 Translate Knife attack into Japanese language.

- (a) Gidan Zukki
- b) Nidan Zukki
- (c) **Nukittee**
- d) Shodan Zukki

49 Who is the Martial Art Hero in Bollywood?

- a) Ajay Devgun
- b) **Akshay Kumar**
- c) Sunil Shetty

50 Who is the world champion in Karate?

- a) Jackai Chan
- b) **Rafel Aggassi**
- c) Jet Lii