

Sports Quiz
General Questions and Answers on Table Tennis

Q1.From where did Table Tennis start?

Ans. Table Tennis started from England.

Q2.What is the full form of ITTF?

Ans. International Table Tennis federation.

Q3.What is the full form of TTFI?

Ans. Table Tennis Federation of India.

Q4.How many players can play at a time?

Ans. Four (four).

Q5.What is the height of the table?

Ans. 76 cm.

Q6.what is the length of the table?

Ans. 2.74 meters.

Q7.what is the width of the table?

Ans. 1.525 meters.

Q8.what is the height of the net?

Ans. 15.25 cm.

Q9.What is the overhang of the net?

Ans. 15.25 cm.

Q10.How many points in a game?

Ans. 11 points.

Q11.A 10-10 score is referred as?

Ans. Duce.

Q12.How many service a player can do at a time?

Ans. 2(two) service.

Q13.What are the two types of Grip?

Ans. 1.Penhold Grip & 2.Shakehand Grip.

Q14.What was the earlier name of Table Tennis?

Ans. Ping-Pong.

Q15.Name two great Indian players in Men's category.

Ans. Kamlesh Mehta & Chetan Baboor.

Q16.What are the two colours of rubber allowed in a racket?

Ans. Red & Black

Q17.In service, if the ball touches the net and falls at opponent's court then what will happen?

Ans. Re service will be given.

Q18.Give names of two great Indian players?

Ans. Indu Puri & Monalisha Mehta.

Q19.Now which country has maximum players of Table Tennis?

Ans. China.

Q20.The line at the middle of the Table is called?

Ans. Midle line.

Q21. When was the international Table Tennis Federation Founded?

Ans. 1926.

Q22. What is the diameter of a ball?

Ans. 40mm.

Q23. Give two types of strokes.

Ans. Push & smash.

Q24. What is the correct stance while hitting the ball?

Ans. Stand always on toes while hitting the ball.

Q25. Who is the highest governing body?

Ans. International Table Tennis Federation.

Q26. Upper surface of the table is known as ____?

Ans. Playing surface.

Q27. Playing surface of table is divided in how many courts?

Ans. 2(two) equal courts.

Q28. What is the weight of a ball?

Ans. 2.7gram.

Q29. What is the meaning of racket hand?

Ans. The hand carrying the racket is called as 'Racket hand'.

Q30. Name two types of spin.

Ans. Topspin & Sidespin.

Q31. When was Table Tennis introduced in Olympics?

Ans. 1988.

Q32. What are the major events of T.T?

Ans. Men's Singles & Women's Singles.

Q33. What area is required for an International match?

Ans. 14m long, 7m wide & 5m high for competitions.

Q34. What were the earlier points in a game?

Ans. 21 Points.

Q35. Name 3 (Three) parts of a racket?

Ans. Grip, Rubber & Ply

Q36. In doubles where can we serve?

Ans. Only in Right court to Right court.

Q37. In Singles where can we make a serve?

Ans. Anywhere in the playing area, there is no restriction of right court.

Q38. Are high heel shoes good for T.T?

Ans. No.

Q39. What type of shoe is required while playing?

Ans. Thin layer shoes are required.

Q40. How many Umpires are required for a Match?

Ans. 2 (Two).

Q41. What is the minimum height required to toss a ball before service?

Ans. Minimum 16 cms.

Q42. Give two Names of world champions.

Ans. Ma Lin & Jan Ove Waldner.

Q43. For a good player what type of body is required for this game?

Ans. Flexible body.

Q44. What do we do before hitting the ball?

Ans. Leg movement, for Forehand Right leg & for Backhand Left leg.

Q45. What ball is used in Barcelona Olympics?

Ans. Nittaku.

Q46. What colour ball is used in recent Olympics?

Ans. Orange.

Q47. What is the best thing to warm up within two minutes in T.T.?

Ans. Skipping Rope.

Q48. What makes the correct action in T.T.?

Ans. Shadows Practice.

Q49. Maximum No. of players are in Shakehand Grip or Penhold Grip.

Ans. Shakehand Grip.

Q50. In India a player normally uses what type of Grip?

Ans. Shakehand Grip.