

**Sports Quiz**  
**General Questions and Answers on Volleyball**

Q.1 What is the length and breadth of volleyball court?

- a) 18mx9m                      b) 20mx10m
- c) 18mx10m                    d) 18mx6m

Q.2 The height of the antenna is:-

- a) 1.20m                        b) 1.90m
- c) 1.80m                        d) 1.60m

Q.3 The length and width of the net is:-

- a) 9.50mx1m                    b) 10mx1.50m
- c) 9mx1m                        d) 9mx1.5m

Q.4 The standard height of net for women is:-

- a) 2.24m                        b) 2.25m
- b) 2.26m                        d) 2.27m

Q.5 The standard height of net for women is:-

- a) 2.44m                        b) 2.45m
- b) 2.46m                        d) 2.43m

Q.6 The standard weight of the ball is:-

- a) 260-280gm                  b) 250-260gm
- c) 270-280gm                  d) 240-260 gm

Q.7 The required circumference of the ball is:-

- a) 60-64cm                      b) 65-67cm
- c) 62-65cm                      d) 69-71cm

Q.8 The height of the pole from the ground is:-

- a) 2.66m                        b) 2.56m
- c) 2.55m                        d) 2.58m

Q.9 The distance between the pole and the side line is:-

- a) 50cm                         b) 60cm
- c) 55cm                         d) 40cm

Q.10 The game was originated in which year:-

- a) 1857
- b) 1860
- c) 1861
- d) 1895

Q.11 The colour of the ball is:-

- a) White
- b) Blue
- c) Multi-coloured
- d) Black

Q.12 How many players are there in a team?

- a) 12
- b) 14
- c) 11
- d) 16

Q.13 How many time outs can be taken in a set?

- a) 1
- b) 2
- c) 3
- d) 4

Q.14 Which word is not related to the volleyball?

- a) Antenna
- b) Net
- c) Rotation
- d) Goal

Q.15. This game was invented in:-

- a) U.S.A.
- b) England
- c) Germany
- d) Australia

Q.16 One set is of :-

- a) 25 pts
- b) 20 pts
- c) 15 pts
- d) 22 pts

Q.17 What is the duration of a time out in a set?

- a) 15 sec
- b) 20sec
- c) 25 sec
- d) 30 sec

Q.18 Which is the word related to the volleyball?

- a) Lay up
- b) Forehand stroke
- c) Kick
- d) Underhand Pass

Q.19 Which one is the offensive technique in volleyball?

- a) Overhead Pass      b) Underhand Pass
- c) Roll                      d) Smashing

Q.20 No. of substitutes in volleyball is:-

- a) 6                              b) 8
- c) 9                              d) 4

Q.21 The pressure in the volleyball is \_\_\_\_\_ .

Q.22 The rotation takes place \_\_\_\_\_.

Q.23 There are \_\_\_\_ or \_\_\_\_ sets in a volleyball match.

Q.24 Double touch is a \_\_\_\_\_ in volleyball.

Q.25 \_\_\_\_\_ is called a specialized defensive player in the game of volleyball.

Q.26 Let service is \_\_\_\_\_.

Q.27 The first service can be received by any \_\_\_\_\_.

Q.28 The size of the net mesh is \_\_\_\_\_.

Q.29 The rotation in volleyball is \_\_\_\_\_.

Q.30 The player standing in \_\_\_\_\_ does the service in volleyball.

Q.31 Describe the officials of volleyball match.

Q.32 What are the types of services in volleyball?

Q.33 What are the various types of blocking in volleyball?

Q.34 Will it be a foul, if the ball touches the net slightly in case of service?

Q.35 Can a time out be given at any time?

Q.36 Name the basic skills used in volleyball.

Q.37 Is it a foul to cross and touch the centre line during the match?

Q.38 Can a back zone player participate in blocking from the front zone?

Q.39 Can a service be performed without tossing of ball?

- Q.40 What are the types of Passing?
- Q.41 Can any player of the team come forward for blocking?
- Q.42 Who is called a 'Libero' in a team?
- Q.43 Name one cup related to volleyball.
- Q.44 Is a coloured ball permitted in a match?
- Q.45 Has every service a point?
- Q.46 Is let service allowed?
- Q.47 Name one trophy.
- Q.48 Name two Arjuna Awardees of volleyball.
- Q.49 Name the Dronacharya Awardee of volleyball.
- Q.50 Name one open tournament of volleyball?

### **Answer key**

1. a
2. c
3. a
4. a
5. d
6. a
7. b
8. c
9. a
10. d
11. c
12. a
13. b
14. d
15. a

16. a
17. d
18. d
19. d
20. a
21. 0.40 to 0.45 kg/cm<sup>2</sup>
22. After the change of service.
23. 3 or 5
24. Foul.
25. Libero
26. Allowed.
27. Any part of the body.
28. 10x10cm
29. Clockwise.
30. Zone no.1
31. Two referee, scorer, linesman 2 or 4
32. Underarm, Roundarm, Floating service, Tennis service, Sidearm and jump & serve.
33. There are three types of blocking- one man, two men and three men blocking.
34. No
35. No, time out can only be given when the ball is dead.
36. Passing, Smashing, Service, Blocking, Rolling and Diving.
37. Yes.
38. No
39. No
40. Two types- underhand Pass and Overhead Pass.
41. No, only the players of the front zone can come forward for blocking.

42. Libero can be called a specialized defensive player in back zone. He is not allowed to serve, block and any attempt to smash.
43. World cup, federation cup.
44. Yes.
45. Yes.
46. Yes.
47. Poornima trophy.
48. Amir Singh, Ravi kant Reddy.
49. Ramana Rao.
50. Canada Open